

·slow living experience·

At Mano we focus on slow foods - fresh local ingredients that are nourishing to our bodies and spirits. Living in paradise allows us to source the freshest produce, more than ever we are inspired to connect with Mother Nature and partner with artisans and farmers that support our focus of co-existing with our beautiful island home.



NON-ALCOHOLIC

TRADITIONAL JAMU Natural & hand crafted in house		COFFEE By our local partner Expat. Roaster	
BERAS KENCUR	55	ESPRESSO	30
Rice, aromatic ginger, tamarind, sea salt, palm sugar		DOUBLE ESPRESSO	35
paint Jugar		LONG BLACK	38
TURMERIC GINGER	55	LARGE CAPPUCCINO	40
Turmeric, curcuma, red ginger, tamarind,		LARGE LATTE	40
palm sugar, sea salt, black pepper		LARGE FLAT WHITE	40
		MACCHIATO	35
KOMBUCHA Natural & hand crafted in house		add almond milk	10
		ICED	
ORIGINAL / LEMON GRASS GINGER / TROPICAL FRUIT	60	AFFOGATO	60
		ICED CAPPUCCINO	50
MIXED JUICE		ICED TEA	40
		ICED LEMON TEA	45
IMMUNE POWER Apple, lime, ginger	50		
Appie, ime, ginger			
SUPER GREEN	50		
Cucumber, apple, lime, spinach, mints		MILKSHAKES	
		VANILLA / CHOCOLATE /	55
A BOOSTER	50	STRAWBERRY	
Strawberry, mango, pineapple			
GOOD FEELING	50		
Watermelon, orange, ginger and mints			
		TEA	
DETOX	50		
Apple, carrot, orange, ginger, lime		ENGLISH BREAKFAST / EARL GREY /	35
W//	4.0	CHAMOMILE / MINT BREEZE / GRAND JASMINE / TROPICAL MANGO	
WHOLE COCONUT	40	ORAND SASPIINE / TROPICAL PIANGO	
SMOOTHIES			
WAKE ME UP!	60		
Strawberry, mango, coconut milk, passion fruit		WATER & SOFTIES	
TROPICANO	60		70
Pineapple, banana, coconut yoghurt,		COKE / SPRITE / SODA / TONIC	30
coconut milk, spiced honey		BALIAN STILL WATER	35/65
		330 ml / 750 ml	
KICK STARTER	60		
Coffee, banana, peanut butter, coconut milk, cacao		BALIAN SPARKLING WATER	40/70
COORTIME	60	330 ml / 750 ml	
GOOD TIME	60		

Banana, date, peanut butter, almond milk

COCKTAILS

THE ISLAND'S FAVORITE

	THE ISLAND'S	S FAVORITE		
HUGO SPRITZ Sparkling wine, elderflower, mint, lime	120	LOST BEACH HOUSE Citrus vodka, bianco, passion fruit, orange juice, white wine cordial		115
THE NUSANTARA Nusantara cold brew, spiced strawberry, rosemary, ginger	115	RASPBERRY LEMONADE Kurant vodka, raspberry, elderflower, citrus, soda water	1	120
TROPICANA Vodka, coconut liqueur, spiced vanilla, tropical jam, passion purée, lime	115	MARGARITA À LA MANO Tequila, lime, spiced watermelon syrup	1	120
ESPRESSO MARTINI Vodka, Expat coffee, salted caramel	115	EAST SIDE Gin, mint, cucumber, elderflower		115
	SOMETHING	TO SHARE		
RED SANGRIA Infused red wine, cinnamon cordial, vodka, grape fruit, mixed tropical fruits	Gls. Jug 115 550	HONEY PALOMA 1.0 Tequila, grapefruit, spiced honey, soda water	Gls. J 115 5	Jug 550
WHITE SANGRIA Chenin blanc, gin, elderflower, pineapple juice, mixed tropical fruits, soda water	115 550	LONG ISLAND ICE TEA Vodka, gin, light rum, tequila, orange liqueur, lime, coke	115 5	50
MOJITO Spiced rum, lime, mint, sugar, soda water	115 550			
	LONG TIME	CLASSIC		
APEROL SPRITZER Aperol, sparkling wine, soda water	115	FROZEN DAIQUIRY Light rum, lime, orange liqueur (mango or strawberry)		115
MIMOSA Orange liqueur, orange juice, sparkling wine	115	MANHATTAN Bourbon, sweet vermouth, aromatic bitter	1	120
PIÑA COLADA Light rum, coconut rum, pineapple, pressed coconut milk	110	NEGRONI Gin, sweet vermouth, campari	1	125
MAI TAI Dark rum, orange liqueur, orange, lime, grenadine syrup	110			
	BEE	ER		
BINTANG	45 205	SAN MIGUEL	50 2	225

45 205

50 225

50 230

SAN MIGUEL LIGHT

KURA KURA Island Ale 330 ml

ALBENS CIDER Strawberry/apple/mango

CORONA

50 225

85 400

80 390

65 305

BINTANG RADLER

GUINNESS SMOOTH

HEINEKEN

TO START

DIPS DF V		85	CRISPY RAZOR CLAMS GF	95
	s, babaganoush, grilled sourdough	00	East java razor clams, chilli lime salt,	33
Traininas, nome piemes	,, sasaganousn, griilea souraougn		fermented chilli aioli, spring chilli & lime leaf	
YAKITORI TAKO GF		75	remented chim don, spring chim a lime real	
Grilled octopus, andalii	man sichimi, lime crema		KALAMANSI PEPPER CHICKEN WING DF	85
			House pickle, house sauce	
IT'S NOT TACO DE C	SF	65 ea		
Pan seared scallop, two	o island shiraz pearl,		SCALLOP TARTARE GF DF	110
tamarillo salsa, jack see	ed purée, betel leaf		Hot & sour dressing, belimbing wuluh,	
			two island shiraz pearl	
POTATO CROQUET	TE	70		
Parmesan, aioli, pickled	donion		AMBERJACK CEVICHE GF DF	85
			Andaliman pepper, sunflower seed, kemangi oil,	
GUACAMOLE &	GF DF V	70	mango dressing	
HOME TARO CHIPS	;			
Gremolata, kemangi oi	l, herbs		BEEF TARTARE GF	100
			Grain fed aus beef tenderloin, shoyu, pecorino,	
PRAWN-BACON DU	JMPLING DF	80	quail yolk, house crackers	
Xo, chilli oil				

THE LAND

PALMITO V VG	85	GRILLED OCTOPUS SALAD DF	100
	65		100
Seared palm heart, spice seed, cherry tomato,		Cherry tomato, pickle onion, wild rucolla,	
house pickle, pimenton hummus		Compressed watermelon, spice citrus dressing	
CALABAZA DF V VG	80	GRILLED ROMAINE	90
Chilli roasted pumpkin, spice seed,		CAESAR SALAD	
undis hummus, tofu mayo		Baby romaine, quail egg, crouton, crumble bacon,	
		shaved parmesan, caesar dressing	
MOROCCAN SALAD	90		
Hummus, ganoush, roasted pumpkin, couscous, kale	e, carrot,		
pumpkin, cherry tomato, black olive, cashew sour ci	ream		

TO SHARE

CHEESE BOARD	255	LOADED FRIES	95
Cold cut, nuts, fruits, crackers, cheese,		House spice, kemangi aioli, yoghurt cream,	
house pickle, house jam		pickle green chilli	
		Add chicken tarragon / pulled beef	30/50

BREAD & BUNS

100

PULPO DE LA COSTA

Smoked octopus, kyuri, thai mayo,

crispy banana blossom, mustard, fries

110

PALM PO' BOY

Soft roll, crispy palm heart, gochujang sauce,

smoked paprika, banana blossom jam, fries

THE OCEAN Mahi-mahi, banana blossom jam, mushroom, gochujang sauce, chilli pickles, fries AVOCADO ON TOAST & POACHED EGG Gremolata, house riccota, dukkah, kemangi oil, sourdough	90	NORWEGIAN SMOKED SALMON BAGEL Hummus, pickle, capers brown butter, banana blossom jam, yoghurt cream, fries DOUBLE CHEESE BURGER Double wagyu beef patty, bacon, banana blossom jam, cheddar, fermented chilli aioli, mustard, fries	130
	THE MAIN	HAUL	
GRAIN-FED BLACK ANGUS STRIPLOIN 300GR DF Parsley vinaigrette, sea salt, house spice	375	BEEF RENDANG GF Steamed rice, crispy cassava leaves, padang spice, sambal ijo	130
PAN SEARED SCALLOP DF Jack seed purée, two island shiraz pear, kale citrus	180	PAN-SEARED BARRAMUNDI GF Green peas, wild herbs, capers brown butter	140
SMOKED OCTOPUS GF Pimenton potato purée, chilli jam, koya spice	160	SEAFOOD NASI GORENG Thai style fried rice, bok choy, egg, Beansprout, grilled prawn	130
ZA'ATAR TUNA TATAKI GF Fennel salad, lemon basil vinaigrette	155		
POTATO GNOCCHI & CHORIZO Homemade pasta, mushroom, bacon, parmesan	105	SWEET	
Grilled cabbage, braised leek, Green peas, lemon, butter gravy	155	AMARETTO CRÉME BRULÉE Amaretto liquer	80
SIDE ON YOU		CHOCOLATE MOUSSE Salted caramel ice cream, candied pumpkin seeds	65
BROCCOLI v Kenyan bean, almond, lemon	60	LEMON TART Chantilly, basil oil	65
FRENCH FRIES v Rosemary salt GLUTEN FREE BREAD	50 35	SEASONAL FRUIT Raspberry sorbet	55
SOURDOUGH BREAD V STEAMED RICE	35 35	GELATO BY SCOOP Please ask our staff what is available!	30

BUBBLE

	000	DLL	
	Gls. Btl.		Gls. Btl.
TWO ISLAND CHARDONNAY BRUT	105 510	LOUIS PERDRIER Brut / France - NV	700
SACRED HILL BRUT CUVÉE Australia - NV	550	MOËT & CHANDON IMPERIAL BRUT France - NV	2.300
CHANDON Brut / Australia - NV	1.000	VEUVE CLICQUOT YELLOW LABEL France - NV	2.400
	WI	NE	
WHITE		RED	
	Gls. Btl.		Gls. Btl.
TWO ISLAND 2019 - Sauvignon Blanc - Aus	95 450	TWO ISLAND 2019 - Shiraz - Aus	95 450
YELLOW TAIL 2019 - Semillion Sauvignon Blanc - Aus	105 500	YELLOW TAIL 2019 - Pinot Noir - Aus	105 500
VENTISQUERO CLÁSICO 2019 - Sauvignon Blanc - Chile	100 480	THE ELEMENTS 2018 - Cabernet Sauvignon - South Africa	105 500
SACRED HILL 2018 - Chardonnay - Aus	105 500	YELLOW TAIL 2020 - Shiraz - Aus	105 500
TWO ISLAND RESERVE 2016 - Chardonnay - South Aus	550	ROCHE MAZET 2016 - Merlot - France	125 600
WHITE MONKEY 2020 - Sauvignon Blanc - New Zealand	600	LINDEMAN'S BIN 40 2018 - Merlot - Aus	600
DEETLEFS 2019 - Chenin Blanc - South Africa	570	TWO ISLAND RESERVE 2017 - Cabernet Sauvignon- South Aus	550
DANZANTE 2018 - Pinot Grigio - Italy	680	WHITE MONKEY 2020 - Pinot Noir - New Zealand	650
ANDREW PEACE 2019 - Pinot Grigio - Aus	600	SACRED HILL 2018 - Shiraz Cabernet - Aus	600
ROCHE MAZET 2020 - Muscat Medium Sweet - France	650	KAIKEN RESERVA 2018 - Malbec - Argentina	600
WOVEN STONE 2018 - Sauvignon Blanc - New Zealand	750	CHANSON BOURGOGNE 2019 - Pinot Noir - France	1.200

ROSÉ

	GIS.	Bu.				
TWO ISLAND	95	450	TALL HORSE	600	ATTEMS	700
2019 - Aus			2020 - South Africa		2017 - Pinot Grigio Ramato - Italy	

SPIRIT

WHISKEY

VODKA

	Gls. Btl. 45ml.		Gls. Btl. 45ml.
SMIRNOFF	100 1.200	AMERICAN	451111.
BELVEDERE	130 1.950	JIM BEAM Bourbon	110 1.500
GREY GOOSE	130 1.950	PENNY PACKER Bourbon	110 1.500
CÎROC	150 2.200	JACK DANIEL'S Tennessee	120 1.800
	130 2.200	JACK DANIEL'S HONEY	120 1.800
		MAKER'S MARK Bourbon	130 1.900
		WILD TURKEY Bourbon	150 2.250
GIN		WILD TORKET Bodison	130 2.230
	Gls. Btl. 45ml.	IRISH	
GORDON'S	110 1.650	JAMESON	120 1.800
BOMBAY SAPPHIRE	130 1.950	BUSHMILLS	120 1.800
LONDON NO.1	135 2.000		.20
TANQUERAY	135 2.000	BLENDED	
OPIHR, ORIENTAL SPICE	150 2.250	JOHNNIE WALKER RED LABEL	110 1.500
HENDRICK'S	160 2.400	JOHNNIE WALKER BLACK LABEL	130 1.850
TANQUERAY NO. 10	200 3.000	CHIVAS REGAL 12YR	150 2.250
MOM, QUEEN OF THE GIN	135 2.000		
GIN MARE	170 2.550	SINGLE MALT	
BULLDOG	120 1.800	MACALLAN 12 YR	240 3.550
ROKU SUNTORY	140 2.100	GLENLIVET 12 YR	180 2.700
		COGNAC	
RUM			CI- DH
RUM	Gls. Btl.		Gls. Btl. 45ml.
	45ml.	MARTELL V.S.O.P	Gls. Btl. 45ml. 160 2.400
CAPTAIN MORGAN	45ml. 100 1.200	MARTELL V.S.O.P	45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN	45ml. 100 1.200 100 1.200	MARTELL V.S.O.P	45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO	45ml. 100 1.200 100 1.200 120 1.800	MARTELL V.S.O.P	45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM	45ml. 100 1.200 100 1.200 120 1.800 120 1.800		45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	MARTELL V.S.O.P APERITIF	45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM	45ml. 100 1.200 100 1.200 120 1.800 120 1.800		45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950		45ml. 160 2.400 Gis. Btt.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	APERITIF	45ml. 160 2.400 Gls. Btl. 45ml.
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	APERITIF	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	APERITIF AMARO APEROL	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	APERITIF AMARO APEROL	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500	APERITIF AMARO APEROL	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O	100 1.200 100 1.200 120 1.800 120 1.800 130 1.950	APERITIF AMARO APEROL	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500	APERITIF AMARO APEROL	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gls. 45ml. Btl. 45ml.	APERITIF AMARO APEROL CAMPARI	45ml. 160 2.400 Gls. 45ml. 120 1.800 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO EL JIMADOR REPOSADO	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gis. 45ml. Btl. 45ml.	APERITIF AMARO APEROL CAMPARI LIQUEUR	45ml. 160 2.400 Gls. Btl. 45ml. 120 1.800 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO EL JIMADOR REPOSADO PATRÓN XO CAFE	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gls. 45ml. Btl. 115 1.700 120 1.800 140 2.000	APERITIF AMARO APEROL CAMPARI LIQUEUR BAILEYS	45ml. 160 2.400 Gls. 45ml. 120 1.800 120 1.800 120 1.800 120 1.800 Gls. 45ml. Gls. 45ml. 110 1.650
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO EL JIMADOR REPOSADO PATRÓN XO CAFE DON JULIO REPOSADO	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gis. 45ml. Btl. 45ml. 115 1.700 120 1.800 140 2.000 160 2.400	APERITIF AMARO APEROL CAMPARI LIQUEUR BAILEYS KAHLÚA	Gls. 45ml. 160 2.400 Gls. 45ml. 120 1.800 120 1.800 120 1.800 120 1.800 120 1.800
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO EL JIMADOR REPOSADO PATRÓN XO CAFE DON JULIO REPOSADO HERRADURA AÑEJO	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gis. 45ml. Btl. 45ml. 115 1.700 120 1.800 140 2.000 160 2.400 160 2.400	APERITIF AMARO APEROL CAMPARI LIQUEUR BAILEYS KAHLÚA NUSANTARA	Gls. 45ml. 160 2.400 Gls. 45ml. 120 1.800 120 1.800 120 1.800 120 1.650 110 1.650 110 1.650
CAPTAIN MORGAN SPICED CAPTAIN MORGAN BRUGAL AÑEJO MYERS'S DARK RUM MALIBU RON ZACAPA 23 Y.O TEQUILA JOSE CUERVO REPOSADO EL JIMADOR REPOSADO PATRÓN XO CAFE DON JULIO REPOSADO	45ml. 100 1.200 100 1.200 120 1.800 120 1.800 130 1.950 300 4.500 Gis. 45ml. Btl. 45ml. 115 1.700 120 1.800 140 2.000 160 2.400	APERITIF AMARO APEROL CAMPARI LIQUEUR BAILEYS KAHLÚA	Gls. 45ml. 160 2.400 Gls. 45ml. 120 1.800 120 1.800 120 1.800 120 1.800 120 1.800